

Trad. With Ron

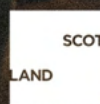
Activity Pack



**DRAKE
MUSIC
SCOTLAND**



**Angus
Council**



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Riaghaltas na h-Alba
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ALBA | CHRUTHACHAIL



Trad. With Ron

Drake Music Scotland Associate Musician, Ron Jappy has put together this resource along with a series of 8 videos to introduce you all to Traditional Music.

Each Episode starts with a video, and there is an accompanying handout included below for each episode.


Trad. With Ron has been made possible with funding through Angus Council from Creative Scotland's Youth Music Initiative


This is Ron!




We hope that you enjoy working through this pack.

If you do then please share your photos and videos with us on social media:

 **Twitter**
@DrakeMusicScot and
@AngusYouthMusic

 **Facebook**
@DrakeMusicScot and
@Angus-Youth-Music-
428129240690578

 **Instagram**
@DrakeMusicScotland and
@angusyouthmusic



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Episode 1 - <https://youtu.be/pgV07KboMfc>

Body Percussion

- Feel free to do these body percussion rhythms whenever you like.
- Our clapping pattern is **3 claps on your knees** and then **1 clap with your hands**.
- As an alternative you can do **3 claps on your chest** and then **1 clap with your hands**.
- If you want to do something more challenging you can do **knees, clap, chest, clap, whoosh**.
- The music we use is this track here -
<https://www.youtube.com/watch?v=y57JKlmziWg>



About Ron

- If you want to see more about what I do, you can watch here -
<https://www.youtube.com/ronjappy>

The Guitar

Perhaps you can make your own guitar to play along with me! You will need...

- A cereal box
- A cardboard tune
- Scissors
- Rubber bands
- Duct tap



Instructions



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- Cut a hole on the front of the box for the sound hole and on top of to attach the guitar neck.
- Make small cuts around one end of the tube
- Insert the bottom of the tube into the hole at the top of box and secure with duct tape
- Wrap rubber bands from the top of the tube to the bottom of the box, securing them in the cuts you made. Tape in place.
- PLAY ALONG WITH ME!



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Episode 2 - https://youtu.be/h3Eyf2-j7_k

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- As an alternative you can do **3 claps on your chest** and then **1 clap with your hands**.
- If you want to do something more challenging you can do **knees, clap, chest, clap, whoosh**.
- The music we use is this track here - <https://www.youtube.com/watch?v=y57JKImziWg>



Marching

- Remember, we did our Marching activity to learn about Marches? Well, if you want to do it again, you can March to this music here - <https://www.youtube.com/watch?v=JJ3BZ7szXgw>



The Accordion

- Playing the accordion is like tapping your head and rubbing your tummy at the same time, there's a lot to think about! Maybe you could try to do that too?
- If you want to hear more of Grant playing the accordion you can listen here - https://www.youtube.com/watch?v=H-HC_BWlgq4
- Or here - <https://www.youtube.com/watch?v=l4zM2cGfL9s>





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Episode 3 - <https://youtu.be/kU0N5hPrM30>

Body Percussion

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- If you want to do something more challenging you can do **knees, clap, chest, clap, whoosh**.
- The music we use is this track here - <https://www.youtube.com/watch?v=y57JKlmziWg>



Strathspey

- We learned a funny word for a type of Traditional Music today. It was called a **Strathspey**.
- Any time you hear a strathspey you can say the phrase “Chicken’s Feet” to it.
- Listen to some more strathspeys here - <https://www.youtube.com/watch?v=mkeDmX56nzi>
- Or perhaps this one here - https://www.youtube.com/watch?v=HT_RiRQxHRY



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The Fiddle – A Few Questions

- What is the fiddle made of? _____.
- How many small holes does the fiddle have?
• _____.
- What is the stick is called that you hold to play it? _____.
- The hair on it comes from which animal? _____.



Here is a picture of the fiddle for you to colour in.





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Jump Jim Joe



Jump, jump, jump Jim Joe
Shake your head,
Nod your head
And tap your toe.

Around and around and around we go
'Til we find another partner
And we Jump Jim Joe.





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Episode 4 - <https://youtu.be/maP5F99vYjU>

Body Percussion

- Feel free to do these body percussion rhythms whenever you like.
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- As an alternative you can do **3 claps on your chest** and then **1 clap with your hands**.
- If you want to do something more challenging you can do **knees, clap, chest, clap, whoosh**.
- The music we use is this track here - <https://www.youtube.com/watch?v=y57JKlmziWg>



Reel

- We learned that a reel is a **REALLY** fast piece of traditional music.
- We then learned our very own **ceilidh dance**! The instructions are here;

1. Everyone holds hands in a circle
2. Go into the middle for the count of **4** then back out for **4**
3. Repeat step **2**
4. Hold both hands with your partner and jump **4** times
5. Clap both hands with your partner **4** times
6. Hold hands and walk round the circle for **16**!



- You can dance to this music here – <https://www.youtube.com/watch?v=GPb9p5mPK9s>



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The Bagpipes

- Can you take a really big breath and blow out really hard as if you were blowing into the mouthpiece of the bagpipes? **BIG** breathes!!
- Can you make a **big, long sound** like what the drones do? **Nice and low**
- The part where Scott plays the tune is called the **chanter**. See if you can remember that word.
- Listen to more of me and Scott playing here - https://youtu.be/JM31Zv_UVOs



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Episode 5 - <https://youtu.be/fPcaOE0MtsA>

Body Percussion

- Feel free to do these body percussion rhythms whenever you like.
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- As an alternative you can do **3 claps on your chest** and then **1 clap with your hands**.
- If you want to do something more challenging you can do **knees, clap, chest, clap, whoosh**.
- The music we use is this track here - <https://www.youtube.com/watch?v=y57JKlmziWg>



My Bonnie Lies Over the Ocean

- We sang a song called “My Bonnie Lies Over the Ocean”. The words attached on a separate page to this.
- Feel free to sing along!





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My Bonnie Lies Over The Ocean



My Bonnie lies over the ocean,
My Bonnie lies over the sea,
My Bonnie lies over the ocean,
So bring back my Bonnie to me.

Bring back, bring back,
Oh bring back my Bonnie to me, to me
Bring back, bring back,
Oh bring back my Bonnie to me





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Waltz

- We also learned that you can say the words “Oomm Pa Pa” to a piece of music that is a waltz.
- Remember you can go “knees, clap, clap” whilst saying it.

We then learned ANOTHER **ceilidh dance**! The instructions are here;

7. Hold **both hands** with your partner
8. Take **3 big steps** to the side and then take **2 big stamps**
9. Go back the direction you came for **2 steps**
10. Go out to the side for **2 steps**, then back for **2 steps**
11. Spin round for **4 counts**



You can dance to this music or do your “Oom Pa Pa” to this music here –
https://www.youtube.com/watch?v=go_4QJlth7g



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The Piano

We then met my friend Alistair and his very special instrument, **the piano**.

- We learned about big sounds and small sounds; do you remember?
- Hold your hands **REALLY far apart** and clap... this makes a **loud sound**
- Now hold your hands **close together** and clap... this makes a **quiet sound**

Here is a picture of a piano for you to colour in. Can you see all the different parts to it?





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Episode 6 - <https://youtu.be/WIdzoAdhFys>

Body Percussion

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- As an alternative you can do **3 claps on your chest** and then **1 clap with your hands**.
- If you want to do something more challenging you can do **knees, clap, chest, clap, whoosh**.
- The music we use is this track here - <https://www.youtube.com/watch?v=y57JKImziWg>



Jig

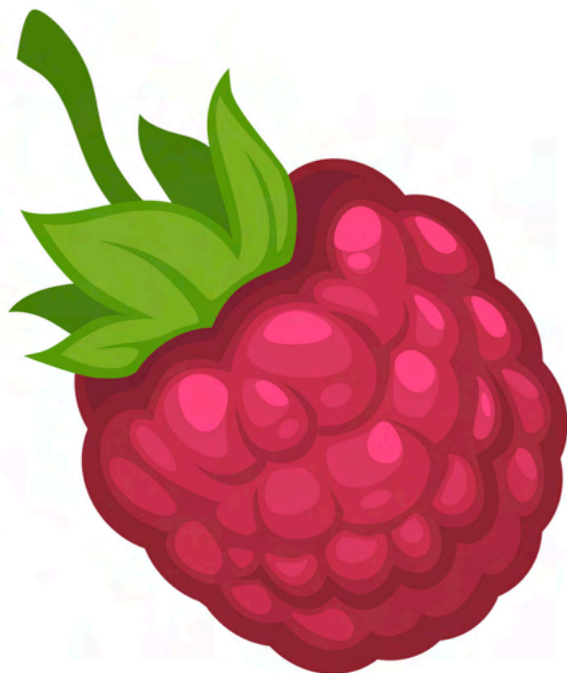
- We learned that when listening to a jig you can say the word **“strawberry”** the whole way through.
- OR you can pick a different fruit like **raspberry, blackberry or pineapple**.
- We then composed our own musical actions that you can do to a jig!
 - Raspberry – We **swing our arms**
 - Blackberry – We go **side and clap**
 - Strawberry – We go **heel, toe**
 - Pineapple – We go **front then chest**
- You can do some of these actions to this music here. Have a look at all the different instruments too! - https://www.youtube.com/watch?v=vKzz_e1H6-M



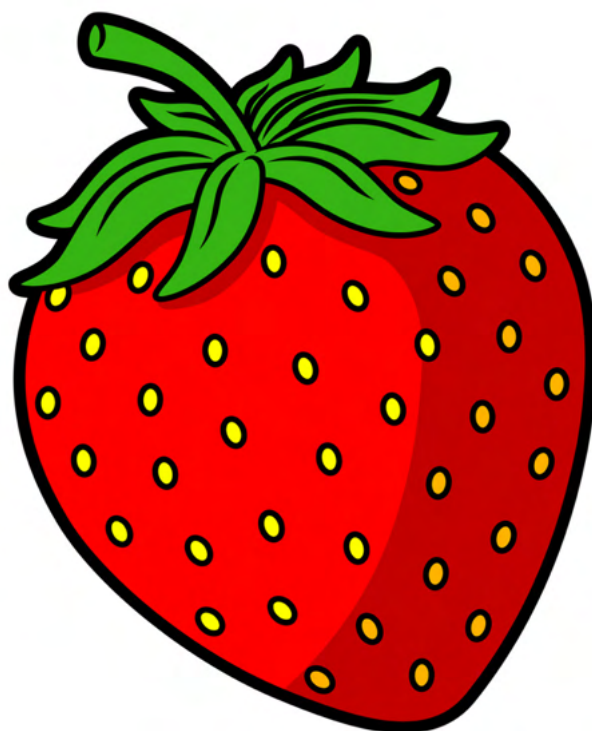


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Raspberry – swing your arms



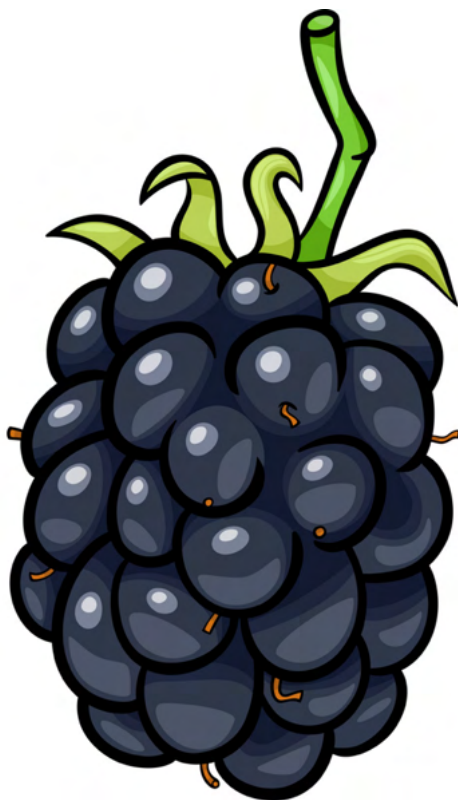
Strawberry – heel, toe



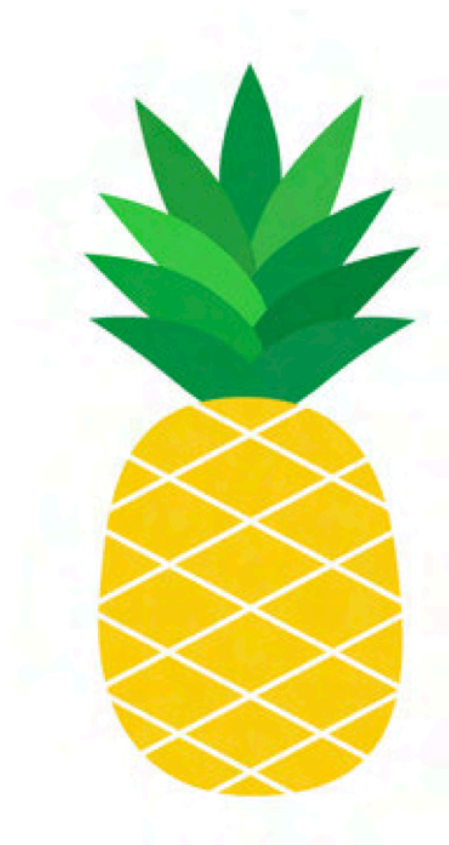


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Blackberry – side and clap



Pineapple – front then chest

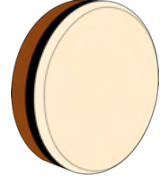




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The Bodhrán

- Do you remember Martin's drum that he had? Can you remember which country it was original from? _____.
- Maybe you can play the **air bodhrán** along with us when we play together?
- OR you can do **your own jig moves** to them using the fruits from the video. They are below.



Katie Bairdie



Katie Bairdie had a coo,
Black and white about the moo,
Wasnae that a dainty coo?
Dance Katie Bairdie.

Diddley di del di del di
Diddley di del di del di
Diddley di del di del di
Dance Katie Bairdie.

Katie Bairdie had a pig,
It would dance a Highland Jig,
Wasnae that a happy pig?
Dance Katie Bairdie.

Diddley di del di del di
Diddley di del di del di
Diddley di del di del di
Dance Katie Bairdie.





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Katie Baridie had a cat,
It would chase both moose and rat,
Wasnae that a hungry cat?
Dance Katie Bairdie.



Diddley di del di del di
Diddley di del di del di
Diddley di del di del di
Dance Katie Bairdie.

Katie Baridie had a sheep,
It would drive a great big jeep,
Wasnae that a clever sheep?
Dance Katie Bairdie.



Diddley di del di del di
Diddley di del di del di
Diddley di del di del di
Dance Katie Bairdie.

Katie had a crocodile,
Hivnae seen her for a while...



Dance Katie Bairdie.

Diddley di del di del di
Diddley di del di del di
Diddley di del di del di
Dance Katie Bairdie.





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Episode 7 - https://youtu.be/jmKg6S_FJMU

Body Percussion

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- As an alternative you can do **3 claps on your chest** and then **1 clap with your hands**.
- If you want to do something more challenging you can do **knees, clap, chest, clap, whoosh**.
- The music we use is this track here - <https://www.youtube.com/watch?v=y57JKImziWg>



Slow Air

- Remember a slow air is a **slow and calm** piece of music. We drew a picture when we listened to a slow air in the video.
- Why don't you draw another picture to this different slow air - <https://www.youtube.com/watch?v=Q90MYzpR6Os>





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The Harp

- Rachel had a different name for her Harp, what was it? _____.
- Rachel also had different coloured strings; **black**, **red** and **white**
- She also moved things at the top of her harp, can you remember what they were called? _____.



- If you want to listen to more of me and Rachel playing you can listen here - <https://www.youtube.com/watch?v=Pyp3p3gRQcQ>
- Or here - <https://www.youtube.com/watch?v=Fe2o0QeCqhU>





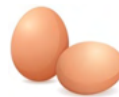
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We Sent Her For Eggs



We sent her for eggs, oh aye, oh aye
We sent her for eggs, oh aye, oh aye
We sent her for eggs and she fell and broke her legs,
The world must be comin' to an end oh aye.



We sent her for cheese oh aye, oh aye
We sent her for cheese, oh aye, oh aye
We sent her for cheese and she fell and hurt her knees,
The world must be comin' to an end oh aye.

We sent her for mince oh aye, oh aye
We sent her for mince oh aye, oh aye
We sent her for mince and we hivnae seen her since,
The world must be comin' to an end oh aye.



We sent her for spaghetti, oh aye, oh aye
We sent her for spaghetti, oh aye, oh aye
We sent her for spaghetti, she got eaten by a yeti,
The world must be comin' to an end oh aye.

We sent her for garlic, oh aye, oh aye
We sent her for garlic, oh aye, oh aye
We sent her for garlic, she got zapped by a dalek
The world must be comin' to an end oh aye.





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Episode 8 - https://youtu.be/rTAK4S_EWqk

Body Percussion

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- As an alternative you can do **3 claps on your chest** and then **1 clap with your hands**.
- If you want to do something more challenging you can do **knees, clap, chest, clap, whoosh**.
- The music we use is this track here - <https://www.youtube.com/watch?v=y57JKlmziWg>



Gaelic Song

- Today we learned some words and some animals in a different language!
- This language is **Gaelic** and is pronounced **Ga – lick**.
- The words for this are attached below.

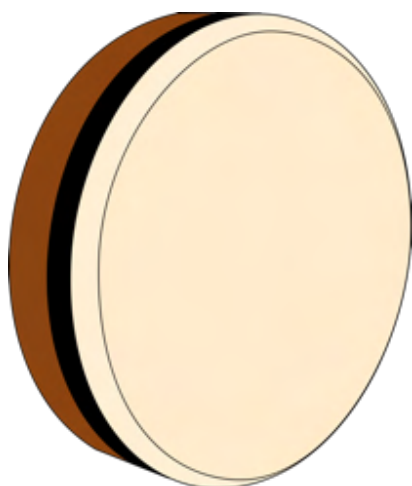
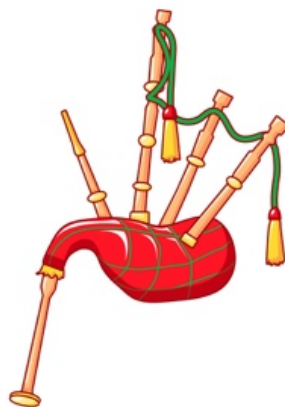




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Re-cap

- We then did a re-cap of some of our main activities from all the videos.
- You can watch all of these and do the activities as many times as you like!





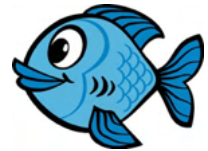
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Tha mi ruith ars' an rabaaid (English)



I am running said the rabbit, I am running
I am running said the rabbit, I am running
I am running said the rabbit, running said the rabbit
I am running said the rabbit, I am running

I am swimming said the fish, I am swimming
I am swimming said the fish, I am swimming
I am swimming said the fish, swimming said the fish
I am swimming said the fish, I am swimming



I am flying said the bird, I am flying
I am flying said the bird, I am flying
I am flying said the bird, flying said the bird
I am flying said the bird, I am flying.

I am climbing said the squirrel, I am climbing
I am climbing said the squirrel, I am climbing
I am climbing said the squirrel, climbing said the squirrel
I am climbing said the squirrel, I am climbing



I am jumping said the frog, I am jumping
I am jumping said the frog, I am jumping
I am jumping said the frog, jumping said the frog
I am jumping said the frog, I am jumping





Trad. With Ron

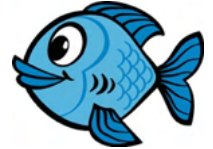
Tha mi ruith ars' an rabaid (Gaelic)



Ha me rooy ars un rab-itch, ha me rooy
Ha me rooy ars un rab-itch, ha me rooy
Ha me rooy ars un rab-itch, rooy ars un rab-itch
Ha me rooy ars un rab-itch, ha me rooy



Ha me snaaav ars un, ha me snaaav
Ha me snaaav ars un chee-usk, ha me snaaav
Ha me snaaav ars un chee-usk, snaaav ars un chee-usk
Ha me snaaav ars un chee-usk, ha me snaaav



Ha me sgay ars an chee-shun, tha mi sgay
Ha me sgay ars an chee-shun, tha mi sgay
Ha me sgay ars an chee-shun, sgay ars an chee-shun
Ha me sgay ars an chee-shun, tha mi sgay

Ha me strape ars un yaw-rak, ha me strape
Ha me strape ars un yaw-rak, ha me strape
Ha me strape ars un yaw-rak, strape ars un yaw-rak
Ha me strape ars un yaw-rak, ha me strape



Ha me ly-aim ars un losgun, ha me ly-aim
Ha me ly-aim ars un losgun, ha me ly-aim
Ha me ly-aim ars un losgun, ly-aim ars un losgun
Ha me ly-aim ars un losgun, ha me ly-aim





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Thank you for taking part in **Trad. With Ron**.

If you have any comments, feedback, photos or videos of interaction with the pack, please email them to emmalines@drakemusicscotland.org